

Friday, February 7

- Heart to Heart - Heart Month Breakfast - 7:00am

Heart to Heart - Heart Month Breakfast

Time: 7:00am



First National Bank's
Giles Heritage Theatre
206 S 1st St, Pulaski, TN



Advance Registration
Required

HEART TO HEART

**WITH DR. BRIAN COLE, MD
EXPERT CARDIOLOGIST**

FEBRUARY 7, 2025

Join us for a morning of all things heart care! We'll have helpful and free resources, screenings, and education – all geared towards equipping you to have a healthy heart and life.



FREE Glucose & Cholesterol
Screenings 7:00-8:30am
*fasting is required.



Hear from Dr. Cole &
ask questions during the
session at 8:30am



Heart Healthy Breakfast
beginning at 8:00am



Wear Red to support
the cause

**Scan here
to register
online:**



Call to RSVP (931)363.9366
or email keeli.allen1@lpnt.net



SOUTHERN TENNESSEE
REGIONAL HEALTH SYSTEM
PULASKI

Join us for a morning of all things heart care! We'll have helpful and free resources, screenings, and education -- all geared towards equipping you to have a healthy heart and life.

FREE Heart Health Screenings from 7:00-8:30am *fasting is required for accurate results.

Enjoy a Heart Healthy Breakfast prepared by Sharon's Place at 8:00am

Hear from Expert Cardiologist, Dr. Brian Cole, MD about the Heart at 8:30am